

# Initial History



Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Chief Complaint (What is bothering you?):

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What is the Cause or How did it happen?:

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When did Condition Begin?: \_\_\_\_\_

Quality/Character (sharp, dull, ache, numb): \_\_\_\_\_

Frequency/Duration (When and how long?): \_\_\_\_\_

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What makes it Better/Worse: \_\_\_\_\_

Referred Pain/Other Symptoms: \_\_\_\_\_

Previous Occurrences: \_\_\_\_\_

Secondary Complaints: \_\_\_\_\_

Previous Medical Care: \_\_\_\_\_

Previous Chiropractic Care: \_\_\_\_\_

*Do you have any of the following conditions?*

<input type="checkbox"/> Heart Attack/Stroke	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Artificial Joints	<input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> Heart surgery / Pacemaker	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Sinus Problems	<input type="checkbox"/> Shingles
<input type="checkbox"/> Artificial Valves	<input type="checkbox"/> Frequent Neck Pain	<input type="checkbox"/> Ulcers / Colitis	<input type="checkbox"/> Cancer / Chemotherapy
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Lower Back Problems	<input type="checkbox"/> Emphysema / Glaucoma	<input type="checkbox"/> Alcohol / Drug Abuse
<input type="checkbox"/> Congenital Heart Defect	<input type="checkbox"/> Severe/Frequent Headache	<input type="checkbox"/> High / Low Blood Pressure	<input type="checkbox"/> HIV+ / Aids
<input type="checkbox"/> Kidney Problems	<input type="checkbox"/> Asthma	<input type="checkbox"/> Seizures / Epilepsy /	<input type="checkbox"/> Venereal Disease
<input type="checkbox"/> Diabetes / Tuberculosis	<input type="checkbox"/> Difficulty breathing	<input type="checkbox"/> Psychiatric Problems	<input type="checkbox"/> Hepatitis

Please list any other serious medical condition(s) you have or have had:

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Medications you are taking:

Nerve Pills    Pain Killers (includes aspirin)    Muscle relaxers    Stimulants    Blood thinners    Tranquilizers    Insulin

Others \_\_\_\_\_

Vitamins / Supplements \_\_\_\_\_

Please list anything you may be allergic to: \_\_\_\_\_

Please list any *past* serious injuries & dates: \_\_\_\_\_

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Please list any previous surgeries & dates: \_\_\_\_\_

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# Initial History

Relevant Family History: \_\_\_\_\_

Do you smoke?  No  Yes How much? \_\_\_\_\_ How long? \_\_\_\_\_

Do you wear  Heel Lifts  Sole Lifts  Inner Soles  Arch Supports

Women: Are you taking birth control?  Yes  No Are you pregnant?  No  Yes – How long? \_\_\_\_\_

For Internal Office Use

Vitals: Ht: \_\_\_\_\_ Wt: \_\_\_\_\_ BP: \_\_\_\_\_ Pulse: \_\_\_\_\_

Other History: \_\_\_\_\_

Diet: \_\_\_\_\_

Exercise: \_\_\_\_\_

Occupation/Recreation: \_\_\_\_\_

History Taken By: \_\_\_\_\_ Reviewed By Doctor: \_\_\_\_\_

Please mark area(s) of injury or discomfort as shown in the example below. Mark all areas with the appropriate symbols and indicate the degree of pain using a scale from 1 (discomfort) to 10 (extreme pain).

Description	> Numbness	Pins & Needles	Burning	Aching	Stabbing
Symbol	> NNNN	PPPP	BBBB	AAAA	SSSS

☉ Circle any area of pain not represented by a symbol.

### Informed Consent

- We invite you to discuss with us any questions regarding our services. The best health services are based on a friendly and mutual understanding between the provider and patient.
- I authorize the performance of any necessary diagnostic tests and treatments, which usually include chiropractic manipulation (CMT) for my condition(s). Like most health care procedures, CMT carries with it some risks. Unlike other medical treatments, the serious risks associated with CMT are extremely rare. Included are soreness or initial increased pain symptoms. More rare is dizziness, nausea or flushing, susceptibility of fracture with conditions like osteoporosis. Herniated or bulged discs may worsen even with CMT – it is important to notify the doctor of changes in symptoms. Extremely rare is risk of a certain type of stroke, although this risk is the same with primary medical care and is associated with the nature of neck pain and headache presented by the patient. (Detailed documentation is available upon request).
- Our policy requires payment in full for all services rendered at the time of visit, unless other arrangements have been made with the staff. If account is not paid within 90 days of the date of service and no financial arrangements have been made, you will be responsible for legal fees, collection agency fees, and any other expenses incurred in collecting your account.
- I understand the above information and guarantee this form was completed correctly to the best of my knowledge and understand it is my responsibility to inform this office of any changes in my medical status or address/contact information.
- I also authorize the provider and or managed care organization to release any information required to process insurance claims.

Signature \_\_\_\_\_ Date \_\_\_\_\_